



HERFINDAHL
CHIROPRACTIC

619-895-3885 - drherfindahl@gmail.com

ADJUSTMENT TIMES



| | Monday | Wednesday | Thursday | Friday |
|-----------|---------------|---------------|--------------|---------------|
| Morning | 8:00 to 12:00 | 8:00 to 12:00 | X | 8:00 to 12:00 |
| Afternoon | 2:30 to 6:00 | 2:30 to 6:00 | 2:30 to 6:00 | X |